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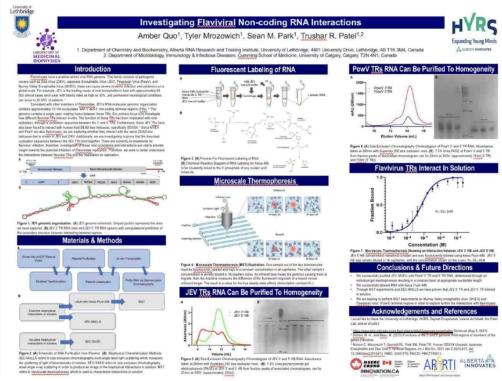
## What is the relationship between personal experience and knowledge?

Knowledge depends entirely on personal experience, as any form of learning or education is associated with an experience. Knowing something with knowledge is representative of having created memories of learning that thing. Any understanding must be realized through a personal experience because every part of one's life is included as their personal experience; therefore, any knowledge gained must be from those experiences one has. Through a human sciences lens, personal experiences are created through the society I am surrounded by allows me to have these experiences.



A croquembouche is a pyramid-shaped stack of cream puffs connected by and drizzled on top with caramelized sugar. Without attaining new knowledge, it would be difficult to know this treat if one hasn't been involved with culinary classes, tried many extravagant dishes, or had previous encounters with the dessert. These previous encounters are constituted as personal experiences, allowing one to learn something regarding the food. Having taken Foods 30 classes in high school and experimenting with creating many desserts in these courses, I came across a croquembouche. Viewing this through the lens of the human sciences, my school community offered me the ability to take this course, allowing me to pursue additional knowledge. If I had taken another class in place of Foods 30, I wouldn't know what a croquembouche is. However, through being introduced to what it is and making it from scratch(which are my personal experiences), I learned both what the dessert was and how to make one, furthering my knowledge.

## 2. HYRS Poster



Scientific posters are used to communicate research and findings with others, typically accompanying a scientific paper to dive deeper into specific details of the experiments. Upon learning about various laboratory techniques and separate machines that performed analysis on our specimens, I learned about each aspect of this poster before creating it. Through thorough daily experiences with the lab, I was able to gain knowledge about the things that were going on

in the test tubes- both with experiments and talking with mentors. I also attended scientific poster tutorial seminars and conversed with people who had previously made posters. Without these personal experiences, I would never be able to interpret nor explain the research happening in this poster, and I wouldn't have been able to produce a poster of this quality. Those without experience in the laboratory or the sciences wouldn't understand the poster, either because they cannot interpret or have inadequate knowledge regarding the topic. Accordingly, the knowledge they would need to understand the poster would have to be gained through personal experiences with these processes beforehand, researching more on the topic, or connecting with those knowledgeable in the area. The entire purpose of laboratory experiments is to gain insight into things that people didn't previously know. Therefore, people are making personal experiences to further their knowledge, sharing them with others through posters, lectures, presentations, and papers. Without experiments similar to these, scientists and humans as a species wouldn't gain valuable knowledge.



3. SCVA Volleyball Pictures

This volleyball picture was taken in a tournament in Las Vegas that I participated in - I was given this opportunity through my club volleyball team because of the competitive

environment of our team. In a smaller town, I likely wouldn't have participated in a tournament with a team like this. Having played volleyball for seven years and having many personal connections with the sport, I have innumerable memories and experiences through practices, games, tournaments, and watching older players. With this familiarity that I have gained throughout my years, I have learned nearly all aspects of the game, including positioning, serve-receive rotations, and skills. Despite this only being a picture, I can tell that the opposing blocker will be unable to block the ball properly in time for my hit. If I had never had the background of playing this sport - or if I had never encountered the sport before in my life, I wouldn't know what was happening in the picture at all. I would have no prior concept of how the game worked, what the purpose was, or what would score points. Without this previous knowledge, I wouldn't play volleyball at the level that I do now. To know knowledge, one must have personal experiences with the concept to understand what is occurring. This is resembled through practices for sports: to get better at a sport, teams practice together- these practices are constituted as personal experiences. Personal experience acts as the only means to acquire knowledge, especially in athletics.

When encountering a topic in various fields, people have always used personal experiences to gain the knowledge they need to succeed in their pursuit. Through the lens of human science, these personal experiences and, therefore, the knowledge one can gain is presented from the society and environment they are surrounded by. Because forms of learning, including reading, communicating with others(through any means), researching, and training, are all considered personal knowledge, it concludes that all actions you do in human life are regarded as personal experience. Therefore, any knowledge you gain is from the things you have experienced and learned from - which must be understandings within your life. Those engaged with more opportunities will be able to gain more knowledge, which demonstrates how one's society controls personal experiences and therefore knowledge. Personal experiences that are more memorable will likely be recollected to a better extent than those that don't create distinct interpretations. While some people gain knowledge and share it with others, those learning it still make a personal experience through how they learned it. As everything one has encountered throughout life is their own personal experience, any knowledge that a person attains must be from their personal experiences.